

2015

Water Safety Planning Guideline for Lift Schemes (Hill)

With integrated Operation & Maintenance Plan and Water Tariff Calculation



Project Support Unit FCG International Ltd 7/27/2015

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Name of the project: Rural Water Supply and Sanitation Project in Western Nepal

Phase II (RWSSP-WN II) 09/2013-09/2018

Type of report: Water Safety Planning Guideline

Date and location: 27th July 2015, Pokhara, Nepal

Who has prepared the report: Project Support Unit, Pokhara

Distribution of the report: Public

File: WSP for Lift Schemes English final

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Acronyms

DDC District Development Committee
DMC District Management Committee

DoLIDAR Department for Local Infrastructure Development and Agricultural

Roads

D-WASH-CC District WASH Coordination Committee

LCDP Liters per capita per day

NPR Nepalese Rupee

O&M Operation & Maintenance

RWSSP-WN Rural Water Supply and Sanitation Project in Western Nepal

VDC Village Development Committee VMW Village Maintenance Worker

V-WASH-CC VDC WASH Coordination Committee WASH Water, Sanitation and Hygiene

WSP Water Safety Plan

WUSC Water Users and Sanitation Committee

Reference materials

- 1. Handbook on Community-wide Water Safety Planning, MoFALD/DoLIDAR, 2013.
- 2. Water Safety Plan Handbook 2070, Department of Water Supply and Sewerage.
- 3. Recharge Pond Handbook for WASH Program, MoFALD/DoLIDAR, 2013.
- 4. Step-by-Step Manual for Sustainable Water Supply Services, 2013, RWSSPWN-II.
- 5. WASH Climate Resilient Development. Local participatory water supply and climate change risk assessment: Modified water safety plans. Global Water Partnership and UNICEF 2014.

This guideline has been prepared to instruct Water Supply and Sanitation User's Committee (WUSC) and water safety planning facilitators in the preparation and implementation of Water Safety Plan (WSP) and providing training on the same.

WSP++ concept combines Water Safety Plans which pays attention also to Climate Change Adaptation & Disaster Risk Reduction, and Operation & Maintenance together with water tariff

STEP-BY-STEP TO WATER SAFETY PLAN (WSP)

1. Formation of WSP Team

- · Call for a users' mass meeting
- Ensure users' commitment to prepare and implement WSP
- Select the members to WSP team (members should be users of the scheme); form 1
- Discuss the basis of succesful WSP; form 2

2. System analysis

- •List out the scheme structures; form 3
- Prepare a combined community & scheme layout map; form 4
- Describe source characteristics in terms of discharge & seasonality; form 3
- Define the catchment area land uses; form 4

- •Identify areas and ways of water contamination; form 6a
- •Water quality testing; form 5
- •Assess rainfall pattern and seasonal distribution
- Assess natural hazards, such as floods, landslides and source depletion, and their impact on water resources and scheme structures; form 6
- Assess possible degradation processes in the catchment area

3. Hazard

assessment

- Short-term plan for regular opearation & maintenance activities and minor repair and improvement activities; form 6a
- 4. Prepare & implement
- Long-term plan for major repair and upgrading activities and larger hazard mitigation and prevention measures; form 6b

- Monitor the implementation of WSP; form 6a and 6b
- Re-testing water quality; form 5
- User satisfaction survey to verify the effectiveness of WSP; annex 1

5. Monitor & verify

- Review the effectiveness of the WSP
- Discuss the results and way forward with the users in a mass meeting
- Plan for any improvements to the WSP
- Report to and request assistance from VDC, V-WASH-CC, D-WASH-CC or DWSS

6. Review & report

1. Background

This guideline has been prepared to support Water Users and Sanitation Committee (WUSC) and water safety planning facilitators in the preparation and implementation of **Water Safety Plan (WSP)** and providing training on the same. The primary responsibility of each WUSC is to provide safe supply as well as safe quality drinking water to the people of its scheme area. Safe water supply refers to quantity of water and functionality of the scheme, where as safe quality drinking water is free of bacterial and chemical contamination.

WSP ensures the safe supply and quality of drinking water through the use of a comprehensive risk assessment and risk management approach that covers all steps in water supply scheme from catchment to consumer. WSP addresses the following:

- Possible areas of water contamination, its causes and how to prevent contamination;
- Direct and indirect environmental and climate-induced hazards to continuous water supply and how to mitigate or adapt to them;
- Monitoring the implementation of the WSP, i.e. implementation of control measures and hazard mitigation and adaptation measures;
- Ensuring the continuous distribution of safe drinking water.

WSP training will be provided to the WUSC members and WSP Team to improve their capacity in preparation and implementation of WSP. This guideline has been prepared with the objective that each WUSC will be capable to *implement* the WSP in their scheme.

2. Introduction to Water Safety Plan

Safe supply and quality of drinking water can be assured through a variety of interventions at different levels, from households to entire communities often with an excellent cost—benefit ratio. The main reasons why each drinking water supply scheme should have their own WSP are listed below:

- WSP secures public health by ensuring safe quality drinking water in water supply systems;
- WSP helps to secure continuity of water supply by mitigating and adapting to direct
 and indirect environmental and climate-induced hazards that may threaten safe water
 supply. Measures can be taken to prevent direct hazards such as landslides,
 floods/excess runoff and depletion of water sources. Catchment degradation, such as
 degraded vegetation and exposed soil, is an indirect hazard that can be the main cause
 of other direct hazards;
- Prevention of water contamination and hazards to the scheme is less costly and more
 effective than acting after the damage has already taken place. Thus, it is essential to
 identify the possible areas of water contamination and assess direct and indirect
 hazards that can affect the scheme in each and every component of the WS scheme,
 from catchment to mouth, and plan for preventive actions;

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Operation and Maintenance (O&M) plan is integrated along with the WSP;

• It is of utmost importance to collect adequate water tariff to cover regular operation and maintenance and repair works. WUSCs can also plan for upgrading or improving the scheme and catchment with collected O&M funds. Tariff calculation methods are introduced at the end of this guideline.

2.1. Objective of Water Safety Plan Implementation

- To increase the awareness of consumers regarding the provision of safe supply and safe quality of drinking water;
- To help the consumers/water users to maintain and upgrade their scheme for the provision of safe supply and safe quality of drinking water;
- To prevent the water sources from contamination, and to prevent contamination of water during collection in the reservoir tank, distribution, storage, and use;
- To take necessary measures to mitigate or adapt to direct and indirect environmental
 and climate-induced hazards than can disrupt safe water supply in different ways:
 Landslides mainly cause damage to the scheme structures; floods or excess runoff can
 cause damage to structures and also contaminate water; source depletion and dry-up
 affect the availability of water. Measures can be planned and implemented to prevent
 such hazards, reduce their impact and to adapt to live with the changes.

2.2. Basis for Successful Water Safety Plan

WSP indicates the various activities that need to be performed to maintain safe supply and safe quality drinking water, from catchment to mouth. User's participation and commitment is essential to keep the water safe. Therefore, for the successful implementation of WSP, following criteria should be fulfilled:

- WUSC registered in District Water Resources Committee;
- WUSC conducting meetings regularly;
- Public auditing & hearing and mass meetings conducted on regular basis;
- Establishment of Operation and Maintenance (O&M) fund and development of operation and maintenance regulation;
- WUSC carrying out minor repair and maintenance work on regular basis;
- Trained maintenance worker(s) who carry out their work regularly;
- Regular collection of sufficient water tariff;
- Committed WUSC with 50% representation of women and proportional representation of Disadvantaged Groups;
- Active Village Water Supply, Sanitation and Hygiene Coordination Committee (V-WASH-CC), their cooperation and participation in preparation and implementation of WSP;
- After completion of the scheme, all the tools and remaining fittings/pipes and other
 materials are collected, recorded, properly stored and managed by an assigned
 person. Tools and left-over materials and components should be used for the
 maintenance and repair of the scheme.

3. Steps of Water Safety Plan

There are six steps in the cycle of WSP which are explained below. First, the WSP Team is established from among the users of the scheme. After that, the water supply system and the status of the scheme is analyzed. The third step is to identify different hazards that can cause water contamination or otherwise disrupt the safe supply of water. Measures to address these hazards are discussed and included in WSP under the step four. The short-term WSP consists of regular (day to day) activities and minor improvement activities that can be implemented with WUSC's own resources. Long-term measures that are likely to require outside support can be implemented gradually. Implementation of the WSP should be monitored regularly (step 5). The final step is to review, report and document the effectiveness of the WSP implementation and plan for any corrective measures to improve the WSP.

3.1. Formation of WSP Team

As the first step, a team dedicated to preparation, monitoring and verification of WSP will be formed by the scheme users. Members of the WSP Team should also take responsibility for implementation of the activities identified in the WSP, although also other users (those who are not members of the WSP Team) or groups can be named responsible for implementing different activities. The WSP Team must coordinate with other stakeholders to obtain the necessary resources in order to support the WUSC in implementing the WSP and other activities related to it.

The WSP Team should be formed as follows:

- Call for a mass meeting of all the users;
- Discuss the above mentioned basis of successful WSP in a mass meeting and fill the findings in the <u>format 2</u>. At this point, the users' commitment to implement all the criteria points should be ensured; Format 2 also includes information that is needed for the calculation of adequate water tariff rate.
- Select the members of the WSP Team in the mass meeting. The WSP Team should consist of users of the scheme only. The WSP Team should include WUSC members, other representatives of the users and the VMW. Other optional members (if available among the users) include representative of V-WASH-CC, women health worker or volunteer, teachers and VDC's technical person.
- WUSC Chairperson shall be the Team Coordinator. It is mandatory for the WSP Team to include the WUSC Chairperson and VMW.
- The composition of the WSP Team should be recorded in the format 1.
- The WSP Team shall decide which water quality parameters should be tested before starting the WSP preparation.

Tasks of WSP Team are as follows:

- Conduct the **steps 1, 2, 3 and 4** for the WSP preparation:
 - Analysis of the water supply system and its surrounding environment. Fill the formats 3-4.
 - Visit the scheme from the water catchment (i.e. upstream of the source) to tap to identify and analyze the probable causes and areas of water contamination and direct and indirect environmental and climate-induced hazards. Fill up the formats 6a;
 - Prepare the short and long term plans using the same <u>formats 6a and 6b</u>. The plans should include measures to prevent water contamination and to mitigate or adapt to the identified environmental and climate-induced hazards;
- Conduct the steps 5 and 6 concerning monitoring, verification, review and documentation of WSP. In case the control measures or mitigation and adaptation measures do not work, other improvement measures must be formulated and implemented in coordination with WUSC;
- Verify the control measures undertaken under the WSP to safeguard the water from contamination by testing water quality (step 5). Prepare a written record of all activities, including monitoring and verification;
- Follow up on the environmental and climate-induced hazard mitigation and adaptation measures to assess whether they are effectively implemented and are leading towards the expected impacts (step 5);
- Users' satisfaction survey is to be conducted every 6 months to assess the
 effectiveness of WSP implementation from the perspective of public health and
 continuity of water supply, as well as to address the complaints of users regarding the
 water facilities (step 6).
- The findings of the WSP monitoring, users' satisfaction survey and water quality tests, as well as any corrective/improvement measures to the WSP will be discussed in a mass meeting.

3.2. Analysis of the water supply system

The WSP Team should get an understanding of the water supply system as a whole and its components and their locations. The purpose and operation processes of different components must be clear to all WSP Team members:

- The WSP Team should list all structures of the scheme in the <u>format 3</u>.
- The WSP Team should draw a community/layout map (<u>format 4</u>) of the water supply system, showing all components (source catchment, intake, pump and pumping station, power system (electrical or solar) collection and distribution chambers, washout and air valves, pumping main and distribution lines and tap stands), community features (houses/clusters, buildings, roads) and environmental features (forests, cultivations, grazing grounds, rivers etc.);
- The WSP Team should define the water catchment area. Different land use patterns and possible signs of catchment degradation (e.g. deforestation, overgrazing, and soil erosion), as well as areas of landslides and floods should be observed and discussed. These should be recorded in the community map (format 4);

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- The WSP Team shall describe the source characteristics in terms of discharge, seasonality/reliability, and record the findings (format 3);
- Nearby traditional water point sources can also be visited to identify their characteristics (quality, seasonality, reliability).

3.3. Identifying and assessing hazards, risks and existing control methods

After the system analysis, the next step is to analyze different hazards that can disrupt safe supply and safe quality of water. The WSP Team should visit the water supply scheme from the water catchment to the tap and identify A) risks to safe water quality, and B) direct and indirect environmental and climate induced hazards that can affect safe water supply (i.e. quantity of water and functionality of the scheme). WSP Team should write down the findings of the assessment in format 6a.

A) Identifying risks to safe water quality

- Every structure of the scheme should be inspected to track down the possible areas
 and ways of water contamination. Water turbidity at the source should be observed.
 Water storage and its use should also be monitored at household level. The findings
 of the inspection should be filled in the "Hazard and risk assessment, plan preparation,
 implementation and monitoring form (format 6a)".
- The bacterial contamination of the water should be tested by a bacterial test kit (H2S bottle), or on the basis of "Presence or Absence of Vial". The results of the tests should be recorded in the "Water Quality Test Result form (format 5).

B) Identifying direct and indirect hazards that can affect safe water supply

- Before starting the inspection of the water supply scheme (step 3.3 A), the WSP Team should discuss the current rainfall pattern, including amount of precipitation and its seasonal distribution, as well as the variability of discharge in the source (assessed under step 2). This should be based on community knowledge, including people's experience in extreme weather events or changes in the climate pattern. The WSP Team should also discuss what the implications for safe water supply (i.e. quantity of water) are.
- The WSP Team must assess the environmental and climate-induced hazards, such as magnitude and frequency of flooding, source depletion and dry-up, expanding gullies and landslides, and their possible impacts on water resources, quality of water and scheme structures. These hazards and their possible implications on water resources and the scheme should be observed during the inspection of the water catchment and the water supply structures.
- The assessment should also pay attention to indirect hazards such as the degradation
 processes in the catchment area of the water scheme that might undermine its
 sustainability in the long run. Signs of catchment degradation include, for example,
 rills and gully erosion, wind erosion (dust storms), sedimentation in downslopes or
 along water course and degraded vegetation such as cleared forests, sparse trees,
 over-grazed lands, poor crops and patches of bare soil.

- The identified hazards should be filled out in the "Hazard and risk assessment, plan preparation, implementation and monitoring form" (format 6a).
- Existing activities and processes that help to prevent or reduce the occurrence of a
 potential hazard (e.g. good watershed management practices, preservation and
 rehabilitation of community forests etc.) should be identified and taken into account
 in the WSP.

3.4. Preparation and implementation of WSP and monitoring plan

After identifying the hazards and risks to ensuring safe supply and safe quality drinking water, the control and mitigation measures to prevent the hazard and minimize the risks, as well as measures to adapt to the changes (e.g. more intense droughts and floods), should be discussed. Examples of measures to address different hazards and risks are presented in chapter 4. Short-term and long-term activities should be identified and the need of internal or external support should be assessed.

- Short-term plan (format 6a) will consist of regular (day to day) activities and minor improvement measures that can be implemented with WUSC's own resources (without external support). The short-term plan should focus on prevention of water contamination through various control measures. Similarly, simple activities for preventing natural hazards and reducing risks (e.g. awareness raising, control of deforestation, prevention of future water catchment degradation, implementation of simple technologies) should be included in the short-term plan.
- Long term plan (format 6b) should include major mitigation and adaptation activities
 to natural hazards, as well as major repair and upgrading works of water supply
 system. Implementation of the long term activities may require outside support
 (whether technical or financial) or long-term saving by the users; such requirements
 should be already mentioned in the plan.
- Both short- and long-term plan should be prepared based on discussion on the above matters. Questions on who and by when are answered to with regard to implementation and monitoring of the Plan, with clear roles and responsibilities.
 Specific responsible person(s) should be assigned rather than assigning a group or team of people for each of the planned activities.
- WSP prepared by the WSP Team shall be approved in a mass meeting in which the users and committee members shall commit for its implementation.
- Short-term measures of WSP should be implemented immediately and/or on regular basis (e.g. regular maintenance, control of deforestation).
- Long-term measures can be implemented gradually.

3.5. Monitoring and verification of WSP

The objective of WSP is to ensure provision of safe water supply and safe quality water by identified control, mitigation and adaptation measures. For this, WSP Team should prepare a **monitoring plan** on the same format (<u>format 6a and 6b</u>) and commit to monitoring the implementation of WSP (i.e. all the measures identified in WSP).

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- Since the monitoring is a continuous process, it should be carried out both before and after implementing specific measures so that the impact/effect of WSP is assessed.
- Water quality testing mechanism should be established and testing carried out in regular basis. Since testing of water quality for all parameters indicated by National Water Quality Standard 2065 is often challenging, priority should be given to testing of bacterial contamination by "Presence/Absence Vial".
- Along with the bacterial contamination, chemical parameters such as concentration
 of Turbidity, pH value, iron and ammonia should be tested. Nitrate and phosphate
 should be tested especially when the source is located in/downstream of agricultural
 field.
- All water quality tests should be recorded (example in <u>format 5</u>).
- Water discharge at intake should also be followed up, especially in water scarce areas
 where the community has taken measures to improve the condition of the water
 catchment.
- A user survey must be conducted at least every 6 months to find out the satisfaction level of the users and the effectiveness of the water supply scheme and WSP. The template is given in <u>Annex 1</u>.

3.6. Review, reporting and documenting

The effectiveness of WSP should be reviewed within the team, based on monitoring findings, water quality testing and user survey findings. The findings and way forward are discussed in a mass meeting, with an objective to ensure the effective implementation of WSP in future.

- Carry out a review of the monitoring findings as well as water quality test and user survey findings carried out under **step 5**.
- Discuss the results and way forward in a mass meeting. WSP can be improved based on any emerging issues.
- All forms must be filled in every 6 months or as decided by the mass meeting. Since
 these forms also indicate the status after the maintenance work, it helps to monitor
 the level of improvement in continuity of water supply and quality of water after the
 implementation of WSP has started.
- Information and required assistance regarding the implementation of WSP should be provided to the related VDC, V-WASH-CC, D-WASH-CC, (Sub) Divisional Office of the Department of Water Supply and Sewerage and DDC (information center).
- Documentation and review of the implementation of WSP must be done by WSP Team on regular basis.

4. Examples of measures to take under WSP

4.1. Control measures to prevent water contamination and ensure quality of water

Below are listed some examples of control measures to ensure safe water quality. The measures should be discussed among the WSP Team members and selected so that they address the risks identified in **the step 3**.

- Ensure that the source catchment (upstream of the source) is free of open defecation, solid waste and other possible contaminants. Prohibit leaving dead carcasses and other decaying or contaminating items in the catchment.
- Construction or repair of fencing around the water supply structures to avoid haphazard entrance of human beings and animals to the structures.
- Construct and maintain run off drainages around the source/intake and other structures to prevent water contamination and safeguard the structures from possible damage.
- Repair breakages in pipelines to prevent water/soil and possible contaminants entering the pipe from outside when the pipe is empty, and to prevent water leakage when there is water in the pipe.
- Bury all plastic (HDPE) pipes to a sufficient depth below the ground level.
- Cover slab of tanks and chambers should be regularly monitored and immediately repaired if they are found broken or leaking.
- Inside and outside of all the structures, including the intake, should be regularly cleaned up.
- Rusted or non-functional pipes and fittings should be replaced.
- Prohibit the practices of taking water from public taps to individual households using open pipes as there are more chances to contaminate the water through these open pipes.
- Protect the pipelines and other structures, fittings etc. from entering the sewerage or other possible source of contamination.
- Regularly clean the tap stands/platforms.
- Chlorination can be considered if there is presence of bacterial contamination.
 Household level water treatment/purification methods are described below.

Household water treatment techniques

Although the improved structures of water supply scheme protect water from pollution, it may still be necessary to treat the water at household level to ensure the quality of drinking water. Especially during rainy season and any diarrhea epidemics, the WSP Team should advocate all the households within their scheme area to adopt water treatment techniques and advice all consumers to use water only after its treatment if there is any doubt of water contamination.

Water can be purified by the following techniques:

- **Sedimentation**: Storing of water in a closed vessel for a day destroys approximately 50 % of harmful germs. After sedimentation of the muddy particles that normally make water blurry, the water appears clear.
- **Filtration**: Water can be filtered using a peace of clean cloth or a ceramic filter. This method only filters the germs but does not kill them. Most filters are not fully effective because microscopic bacteria can pass through the filter. However, some filter types

such as silver coated candle filter and bio-sand filter work on the microscopic bacteria as well.

Following techniques are used for destroying the germs and bacteria:

- **Boiling**: Most of the germs in water can be destroyed after boiling the water once. In places of higher altitude, water should be boiled for additional three minutes. Boiling is the best method for ensuring quality of drinking water.
- **Chlorination**: Water can be treated by using water treatment chemicals, such as Piyush and water guard, which can be bought in the market. It is importance to follow the instructions written in the packet while using these chemicals; wrong dosing of the chemical can cause serious health implications. Water should be stirred properly after mixing the chlorine. After the treatment, water will be safe to drink only after half an hour.
- **SODIS technique**: This method should be used only if other methods are not available, because it rarely kills all the bacteria. Storing of clean water in a transparent plastic bottle with a closed cap in the sun for 6-7 hours destroys some of the bacteria. In a cloudy day, the exposure period should be pre-lengthened up to two days.

Other Supporting Programs

For ensuring safe water quality in the scheme, open defecating habit should be totally banned. It should be ensured that every household has constructed and is using a toilet within the scheme and the water catchment area.

To prevent contamination of water, hand washing with soap is particularly critical in the following four situations:

- After using toilet and cleaning child's feces.
- After touching dirt.
- Before eating or feeding a baby.
- Before cooking or serving food.

4.2. Mitigation and adaptation measures to environmental and climate-induced hazards

Four different types of environmental and climate-induced hazards and measures to prevent them are discussed in this chapter.

 Water catchment degradation is an indirect hazard that can be the root cause of many direct hazards. Catchment degradation includes, for example, deforestation, overgrazing and soil erosion, which affect the water cycle (i.e. runoff and infiltration of water). Degraded water catchment is more vulnerable to landslides and excess runoff/flooding. In the long run, catchment degradation can affect the availability of water.

- 2. **Source depletion and dry-up** directly impact the availability of water. There are various measures to mitigate source depletion, e.g. by restoring vegetation and constructing recharge pits and ponds. There are also various adaptation measures particularly related to better management of reduced water resources.
- 3. Flooding and excess water runoff can impact water safety in two ways: by causing water contamination (e.g. when polluted surface water enters drinking water tanks and pipelines), and by causing damage to scheme structures. There are ways to reduce the occurrence of floods/excess runoff and to reduce their impact on water structures and water quality.
- 4. **Landslides** mainly threaten the physical structures of the scheme, disrupting safe water supply. However, landslides can also cause water contamination for example when pipes and other structures are broken.

The measures to be included in the WSP should respond to the hazards and risks and their causes that were identified during the hazard assessment (step 3). The focus should be in preventing/avoiding the entire hazard from taking place (e.g. prevention of source depletion, flooding, landslides), or at least reducing the occurrence. When it's not possible to entirely prevent the hazard, adaptation measures that help the users to adapt to the changed situation (e.g. managing reduced water resources) can be taken. Both mitigation/prevention and adaptation measures for the four type of hazards are listed below.

Measures to address catchment degradation

Water catchment degradation, for example due to deforestation and overgrazing, can have a detrimental effect on the hydrological cycle by increasing runoff and direct evaporation from soil, and reduced moisture holding by the forests. This in turn will affect the local water resources. Measures to tackle catchment degradation are listed below. Many of them can be promoted and undertaken by the community without external support. More large-scale mitigation activities require coordination with different government departments (e.g. department of soil conservation and watershed management; department of forests).

These measures not only help to rebalance the hydrological cycle, but also contribute to wider improvements of natural resources:

- Activities related to restoration of vegetation and forest cover and prevention of deforestation. These consist of, for example, raising awareness on importance of catchment protection and prevention of deforestation or other type of catchment degradation, mobilizing plantation campaigns (ensuring suitability of species) and linking with community forest project/forest user groups etc.;
- Regulation of grazing and collection of fodder and firewood, for example prohibiting grazing in degraded areas and in the surrounding of the source and intake;
- Activities to prevent soil erosion on crop lands; e.g. soil and stone bunds, terraces with cut-off drains and artificial waterways, ploughing along contours etc.
- Construction and maintenance of drainages to manage run off water
- Gully rehabilitation and runoff management;

• Improved agricultural practices (i.e. terracing of lands, suitable species, agroforestry).

Measures to mitigate and adapt to source depletion and droughts

The above measures to address catchment degradation help to mitigate source depletion by, for example, increasing infiltration and recharge of ground water resources and by decreasing evaporative losses. In addition, there are also technical options to mitigate and adapt to water scarcity.

Mitigation measures:

- Water catchment improvement, i.e. afforestation and control of deforestation etc.
- Construction of recharge ponds, pits and multiuse ponds; managed aquifer recharge (capturing and recharging excess runoff close to wells or boreholes);
- Contour trenches and contour binding with stones for improved water retention and infiltration.

Adaptation measures:

- Collection and storage of surface water and waste runoff: e.g. construction of below ground tanks/infiltration galleries (such as cisterns) into which rainwater from the ground is directed; small reservoirs with earthen bunds to contain runoff;
- Rainwater harvesting from rooftops, and directing overflow water to recharge pits;
- Water conservation/reuse measures, such as reuse of domestic water for irrigation (sewerage water pits) conservation/drip irrigation.

Measures to mitigate and adapt to excess runoff and floods

Mitigation measures:

 Measures that address water catchment degradation, i.e. increased water infiltration and reduced runoff help to reduce the occurrence of floods in the downstream. These include control of deforestation and grazing, afforestation, bioengineering, checkdams etc.

Adaptation measures:

- Household water treatment, safe storage and improved hygienic behavior;
- Improved sanitation, i.e. ending open defecation and proper waste management to prevent pollution of water sources during floods;
- Adjustments to the location and design of latrines to prevent water pollution during floods; ensuring minimum distance between latrines and water sources, raising latrines to keep minimum distance between pit and water table, regular emptying of pits, composting latrines etc.
- Emergency preparedness (e.g. water treatment kits, spare pipes and fittings) and disaster information notice.

Measures to prevent landslides and reduce soil erosion

Mitigation measures:

Control of deforestation and grazing of livestock especially in landslide prone areas;

- Retention walls and gabion boxes to bound soils and rocks between two different elevations (e.g. terraced slopes);
- Soil conservation e.g. by bio-engineering works, check dams;
- Afforestation in areas around landslide prone slopes; use of nets to tie the soil while afforestation is taking place.

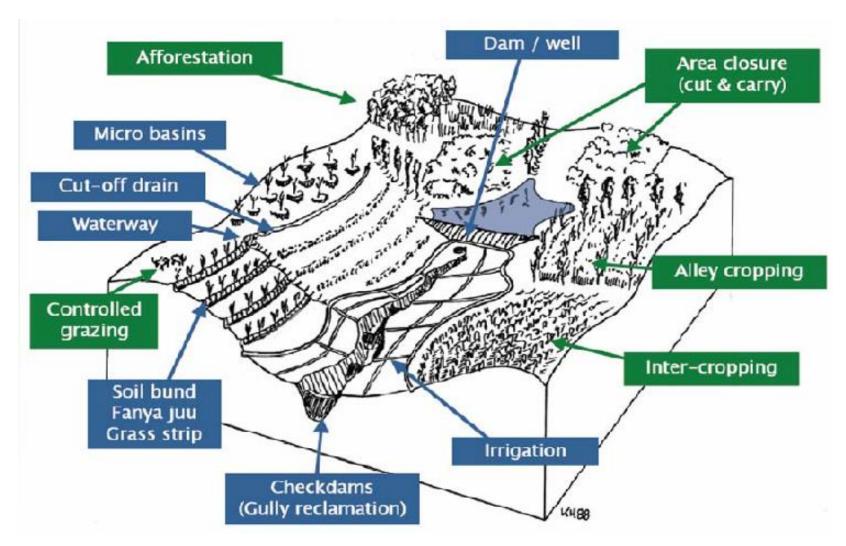


Figure 1: Watershed management practices

Source: ICIMOD. Integrated Watershed Management and adaptation to climate change in the Hindu Kush – Himalaya. Original graph by K.Herweg.

5. Water Tariff and Cost Recovery

The concept of water tariff has been introduced to raise sufficient funds for regular operation and maintenance activities, repair of damaged structures and replacement of components, for implementation of improvement or upgrading works, and pay for the VMW or other labor work etc. The O&M fund is vital for smooth operation of water supply schemes. In addition, the community should also prepare for the 'cost recovery' of the scheme. Since the scheme needs to be rehabilitated or reconstructed at the end of its life cycle, a specific fund should be generated through water tariff collection throughout its life cycle. The purpose of 'cost recovery' of a water supply scheme is to prepare the community to fully rehabilitate or replace the scheme once it comes to the end of its life cycle.

Two main objectives of Introducing Water Tariff are to:

- Collect fund for daily operating costs and repair and maintenance investment;
- Collect sufficient fund for replacement of the scheme after the design period is over.

Data required to calculate the water tariff:

- Total project cost;
- Design period of the scheme;
- Estimated annual cost for maintenance and repair works;
- Annual salary and allowances of WUSC staff and maintenance workers;
- Annual WUSC and office management expenses;
- Population & population growth rate (in percentage);
- Household population & household population growth rate;
- Water demand in Per capita per day;
- Annual inflation rate

Method of calculating water tariff

Uniform Rate Method: In this method, uniform rate is charged, irrelevant to amount of water used by the users. This is calculated for household cost for water use per month. This method is applicable to small scheme.

Monthly household water tariff rate =	Annual cost recovery + annual operation cost 12 x no. of households
---------------------------------------	--

Consumption Rate Method: In this method the water tariff is charged according to the volume of water consumed.

Per liter rate =	Annual cost recovery + annual operation cost
Per liter rate –	Annual water consumption in liters

The Uniform rate and Consumption rate methods are described in detail in Annex 2.

6. Water Safety Plan and Operation & Maintenance related formats

Format 1: Details of WSP Team

	Details of WSP Team								
Scheme:		Date:							
VDC:		Village Name:							
Ward No.									
S.N	Mr/Ms Name	Cluster Name	M/F	Designation	Remarks				
1									
2									
3									
4									
5									
6									
7									
8									
9									

Format 2: Water Supply Scheme Operation, Maintenance and Management

Water Supply Scheme Operation, Mainter	nance and Management
Scheme Name:	Date:
Total project cost:	Scheme design period:

C N	Status of WS scheme Operation and Management	Yes/No/	If No					
S.N		data	How to Manage	By whom?	When?			
1	Users Committee Registration							
2	WUSC has a bank account							
3	Regular meeting of the WUSC							
4	Financial and stock management							
5	Proper management and storage of tools and components							
6	Public Auditing							
7	Annual general assembly							
8	Mobilization of VMW							
9	Implementation of O&M directive of WUSC							
10	Regular minor maintenance and repair work							
11	Operation and maintenance fund							

S.N	Status of WS scheme Operation and Management	Yes/No/	If No					
3.IV		data	How to Manage	By whom?	When?			
12	Regular collection of water tariff							
13	Estimated annual cost for maintenance and repair works							
14	Annual salary and allowances of VMW and other possible staff/workers							
15	Annual WUSC and office management expenses							
16	Population & population growth rate (%)							
17	Number of households and growth rate of new HHs (%)							
18	Water demand per capita per day							
19	Annual inflation rate							

Note: Questions 13-19 are used in calculation of the water tariff rate.

Format 3: Scheme details

Scheme Details						
Scheme Name:	No. of household:					
VDC:	Population:					
Construction Start Date:	Ward No.:					
Construction Completed Date:	VMW Name:					
Support Agencies:	WUSC's account No:					
Support organization:	Bank or Finance company:					
WUSC's Registration No:	WUSC's registration date:					

S.N	Details	#/unit	Remark
1	Intake (type of source)		
2	Discharge at source(s) (litres per second)		
3	Collection Tank (Intake RVT)		
4	Pump, capacity		
5	Pumping main, Length		
6	Transformer/solar, capacity		
7	Length of electricity line		
8	Electrical poles		

S.N	Details	#/unit	Remark
9	MCB/Panel board (switch board)		
10	Lightening Arrestor/Earthing		
11	Distribution RVT, capacity		
12	DC		
13	Valve Chamber		
14	Air Valve		
15	Wash Out		
16	Total pipe line length: Distribution:		
17	Public Taps		
18	Private Taps		
19	School Number		
20	Private Toilet		
21	Institutional Toilet		

Format 4: Community map with catchment and scheme layout

Community map with catchment and scheme layout								
Scheme Name:	VDC:							
Village Name	Ward No:							
Date:								

Format 5: Water quality test results

	Water Quality Test Result											
Source	Name and Type:					•						
Test M	lethod &Equipmen	t:										
Test by	/ :											
		Nepal				Wa	ter quality te	st place, dat	e and result			
S.N.	Parameters	Standard	Unit		Source (Intake)-1	Source (Intake)-2	Structure (CC / IC)	Reservoir Tank 1	Reservoir Tank 2	Tap 1	Tap 2	House hold
				Date								
1	Turbidity	5 (10)	NTU	Unit								
1	rarbialty			Date								
				Unit								
		6.5 to 8.5	.5 to 8.5	Date								
2	рН			Unit								
	рп			Date								
				Unit								
				Date								
3	Ammonia	1.5	m a /1	Unit								
	Ammonia	1.5	mg/L	Date								
				Unit								
			*CELL/	Date								
4	Bacterial	nill	*CFU/ 100 ml or /+u	Unit								
7	Contamination			Date								
				Unit								

^{*}Unit may differ depending on testing method.

Note: The quality of water to be tested before and after of WSP implementation and each year after rainy season at least for the bacterial contamination.

Format 6a: Short-term plan (regular maintenance and minor repair, control and mitigation works)

	م المحددا	and risk assessment			ety Pla		atation a	nd monite	vring		
		ar maintenance and mi	·		•	•					
Scheme Name:			Village:				Total Tap	Гарѕ:			
VDC:			Ward No.:				Name of	VMW:			
					Immedi-	Impleme	ntation	Monitorii	ng		
Structure and Place	Risk	Cause of Risk (Present Condition)		Yes /No	ate or regular works?	When?	By whom?	When?	By whom?	Implemen- tation Status (Done /Not done)	
1. Catchment	Catchment degradation; Depletion of water in the	Deforestation or degree vegetation (sparse tresoils) in the catchmer Over-grazing or excess collection of fodder; the Agricultural practices bamboo plantation in	ees, bare at sive pare soils (e.g. dry areas)								
	source	Soil erosion, sedimen downslopes, dust sto									
		Rills or gullies									

				Immedi-	Impleme	ntation	Monitori	ng	
Structure and Place	Risk	Cause of Risk (Present Condition)	Yes /No	regular When? by	By whom?	When?	By whom?	Implemen- tation Status (Done /Not done)	
		Drying or depletion of the source							
		Frequent erosion around the source							
		Risk of landslides close to intake							
		No fencing or damaged							
		Access of people or animal to the source							
	Contaminati on or	Unsafe use of toilet in the settlement above the source							
	depletion of water	Damage of intake cover							
2. Source/	source,	Danger of flooding of intake							
intake	washing away of	Open source							
	intake structures	Leakage of water from intake structure							
		Washout of intake							

				Immedi-	Impleme	ntation	Monitorii	ng	
Structure and Place	Risk	Cause of Risk (Present Condition)	Yes /No	ate or regular works?	When?	By whom?	When?	By whom?	Implemen- tation Status (Done /Not done)
		Damages							
3. Electo- mechanical		Rusting due to lack of regular inspection							
elements (Pump,	Condition of	Lacking in repair or replacement							
Transformer/sol ar panel,	not functioning								
MCB/Panel board,	to supply								
Lightening Arrestor/	water								
Earthing, electricity line,									
poles, Water level electrode)									
	Contaminati	Pipeline in landslide prone zone							
4. Transmission	on of water through pipe	Exposed pipeline in the ground							
and	lines Washing	Pipeline damaged by nails/pegs							
Distribution line	away of pipe	Leakage from pipeline							
	line by flood, land slide,	Pipeline joint connected by plastic or clothes							

				Immedi-	Impleme	ntation	Monitori	ng	
Structure and Place	Risk	Cause of Risk (Present Condition)	Yes /No	ate or regular works?	When?	By whom?	When?	By whom?	Implemen- tation Status (Done /Not done)
	fire, damages by	Damage of pipe support block							
	cutting the exposed	Rusting of fittings							
	pipes.								
	Contaminati on through	No fencing around structures							
	Structures	Settlement near structures							
5 Distribution	(Collection chamber,	Completely damaged or cracks on covers of structures							
5. Distribution Reservoir, Chambers	crossing, interruption chamber,	Valve Chamber in damaged condition							
and other	wash out, air valve,	Cracks and leakage from the structure							
Structures	distribution	Pollution around structures							
	chamber, reservoir	Pollution inside the structures							
	tank, break pressure)	Water logging around the structures							

				Immedi-	Impleme	ntation	Monitori	ng	
Structure and Place	Risk	Cause of Risk (Present Condition)	Yes /No	ate or regular works?	When?	By whom?	When?	By whom?	Implemen- tation Status (Done /Not done)
		Water logging in the chamber having fittings							
		Condition of flooding of structures during monsoon							
		Leakage from the fittings used in the structure							
		Cracked or broken tap stands							
		Dirty tap platforms							
		Leakage from the tap structure							
6. Taps	Contaminati	Pollution around tap structure							
	on from taps	Unmanaged drainage of waste water from the taps							
		Multiple private pipes connected to the taps							
		Washing of dishes in public taps							

		Immedi- Implementation Monito		Monitori	ng				
Structure and Place	Risk	Cause of Risk (Present Condition)	Yes /No	ate or regular works?	When?	By whom?	When?	By whom?	Implemen- tation Status (Done /Not done)
		Water drained in the roads							
		Water pots not properly cleaned before use							
		Water pots are not covered No filtering or boiling of water							
		Dirty utensils are used to drink water							
7. Use of water at		Pollution/poor waste management around houses							
household level		Unsafe toilets in the houses							
leve.		No habit of hand washing with soap after using toilets							

Characterist and		Course of Diele		Immedi-	Impleme	ntation	Monitoring		
Structure and Place	Risk	Cause of Risk (Present Condition)	Yes /No	ate or regular works?	When?	By whom?	When?	By whom?	Implemen- tation Status (Done /Not done)
Names of the p	eople monitorir	ng the existing condition							

Format 6b: Long-term plan (Major repair, upgrading and risk reduction activities)

	Woton			r Safety	-	tion and l	Man	itorina		
	water	Supply Scheme Major re		ading and risk	-		vion	itoring		
Scheme Name:			Village:			•	Total	Taps:		
VDC:			Ward:				Nam	e of VMW:		
				Source of	Implem	nentation			Monitorin	g
Location and Structure	Present Status	Long-term ac	ctivities	fund (Internal or external)	By when?	By whor	n?	By when?	By whom?	Implementa tion Status (Done/ Not done)
1. Catchment										
2. Intake/source/I ntake RVT										

			Source of	Implem	entation		Monitorin	g
Location and Structure	Present Status	Long-term activities	fund (Internal or external)	By when?	By whom?	By when?	By whom?	Implementa tion Status (Done/ Not done)
3. Transformer/S olar panel								
4. Other electrical elements (MCB/Panel board, Lightening Arrestor/ Earthing, Water level electrode)								

		Long-term activities	Source of	Implem	entation	Monitoring			
Location and Structure	Present Status		fund (Internal or external)	By when?	By whom?	By when?	By whom?	Implementa tion Status (Done/ Not done)	
5. Electrical									
line/poles									
6.									
Pump/pumpin									
g main pipe									

			Source of	Implem	entation		Monitoring	g
Location and Structure	Present Status	Long-term activities	fund (Internal or external)	By when?	By whom?	By when?	By whom?	Implementa tion Status (Done/ Not done)
7.Distribution RVT and other chambers								
8.Pipelines								
9.Taps (public/privat e)								

			Source of	Implem	entation	Monitoring		
Location and Structure	Present Status	Long-term activities	fund (Internal or external)	By when?	By whom?	By when?	By whom?	Implementa tion Status (Done/ Not done)
Names of the pe	ople monitoring the existir	ng condition						

Annex 1: Users' satisfaction survey for water and sanitation scheme

Consumer Satisfaction Survey Form

Name of the head member of the household: Date:

Ivaille	or the nead me	ellibel of	the housen	oiu.			Date:			
1	Is there regular your tap (aroun		supply in	R	egular	Sat	isfactory	lr	regular	Never
2	Is the quantity of water available to you adequate for household use?			Yes		No				
3	How many months in a year water is available (through this scheme)?		12	months		9-11 nonths	6-8	3 months	Less than 6 months	
4	How much time round trip of wa			< 1	15 min	15 t	o 30 min	30 t	to 45 min	> 45
5	Do you think wa source to the ta		rom its		otally safe	Sat	isfactory	Į	Jnsafe	Too much unsafe
6	Are you satisfied tariff?	d with the ra	ate of water		Yes	No	, it´s too high	No	, it's too low	
7	How the repair a carried out in you scheme?			R	egular	So	metime		ording to the ecessity	Never
8	Does WUSC provide enough information to the users on O&M fund (balance, tariffs collected, how it is used)				Yes		No			
9	Does the WUSC listen and take action to your complaints?				Yes		No			
10	Who mostly takes care of the water supply system?			٧	VUSC	,	VMW	Со	onsumer	Nobody
11	How satisfied are you with the activities and services of the WUSC?			Vei	ry good		Good	Sat	isfactory	Bad
12	How often is your community tap monitored by the VMW or WUSC?			R	egular	Sat	isfactory	Ir	regular	Never
13	What do you think about the cleanliness of taps/platforms in the communities?			Vei	ry clean		Clean	Sat	isfactory	Dirty
14	Is there always clean water in your tap?			А	lways		st of the time	So	metime	Never
15	What do you think in general the quality of the water which you are using?			Vei	ry good		Good	Sat	isfactory	Bad
16	What main improvement measures do you think that the WUSC should make in this water supply scheme?									
17	What kind of purification technique do you use for purifying the drinking water in your home?						home?			
	Nothing Boiling Chlorination		I	Filter		SODIS chnique	Sec	limentati on	Others (mention it)	
18	Data collected v	vithin the la	st six months	relat	ed to the	wate	er borne di	sease	es (selected	households)
	Cholera	Typhoid	Diarrho		Dysent		Intestina worms	al	Jaundice	Others
	Yes/No	Yes/No	Yes/N	0	Yes/N	lo	Yes/No		Yes/No	Yes/No
						_				

Annex 2: Method for Calculating Water Tariff for Cost Recover

Cost Details	First Year	Second Year	Third Year
A. Scheme Recovery	Scheme total cost ÷	Previous Years	Previous Years
Cost	Scheme Project Life	Recovery Cost X (1+	Recovery Cost X (1+
	(years) = NPR	Inflation rate in	Inflation rate in
		percentage)	percentage)
Total of A	Total of A	Total of A	Total of A
B. Annual operation cos	st		
1. Annual repair &	2% to 3% of total cost	Previous Years	Previous Years
maintenance cost	of Scheme	Maintenance Cost X (Maintenance Cost X (
		1 + Inflation rate in	1 + Inflation rate in
		percentage)	percentage)
2. Annual salary and	Annual salary and	Previous Years Annual	Previous Years Annual
allowance expenses	allowance expenses	salary and allowance	salary and allowance
	for the First year	expenses X (1+	expenses X (1+
		Inflation rate in	Inflation rate in
		percentage)	percentage)
3. Annual office and	Annual operation and	Previous Years Annual	Previous Years Annual
management cost of	management cost of	operation and	operation and
WSUC	WSUC for the First	management cost of	management cost of
	Year	WSUC X (1 + Inflation	WSUC X (1 + Inflation
		rate in percentage)	rate in percentage)
Total of B	Total of B	Total of B	Total of B
Total A+ B	Total A+ B	Total A+ B	Total A+ B
C. Contingency	Contingency	Contingency	Contingency
(5% to 10% of A+B)	(5% to 10% of A+B)	(5% to 10% of A+B)	(5% to 10% of A+B)
D. Total Cost (A+B+C)	D. Total Cost	D. Total Cost	D. Total Cost
	(A+B+C)	(A+B+C)	(A+B+C)

When determining the number of households for next year, the increased number of households according to the current annual household growth rate should be added to the household number of the current year.

After determining the total annual cost, water tariff is calculated as follows:

A. Uniform Rate Method: In this method, uniform rate is charged, irrelevant to amount of water used by the users. This is calculated for household cost for water use per month. This method is applicable to a small scheme.

Monthly household water	Annual cost recovery + annual operation cost
tariff rate =	12 x no. of households

B. Consumption Rate Method: In this method the water tariff is set according to the quantity of water consumed.

Per liter rate =	Annual cost recovery + annual operation cost
Per liter rate –	Annual water consumption in liters

Method for calculating annual water demand (annual water consumption):

(total beneficiary population) X (liters per capita per day) X 365

While determining the population for next year, the increased nos. population according to the current annual population growth rate should be added to the population of current year.

Example:

Data for calculating water tariff (*This data should be collected during the Step 1 of the WSP preparation, and recorded in the format 2*):

Total Scheme Cost	NPR 3,303,412
Project life	20 years
Estimated annual operation and maintenance cost	
2.5% of total project cost = 3,303,412 X 0.025 =	NPR 82,585
Annual salary and allowance expenses	NPR 140,000

Annual operation and management cost of WSUC NPR 14,400
Population 4,833
Number of households 886
Annual household growth rate 2%
Annual population growth rate 2.4%

Water demand (liters per capita per day) 45 liters/capita/day

Annual Inflation Rate 7%

Preparation	Guideline:	W	/SP++

Cost Details	First Year	Second Year	Third Year	
A. Scheme	3,303,412 ÷ 20 =	165,170 x 1.07 =	176,732 x 1.07 =	
Recovery Cost	165,170	176,732	189,103	
Total of A	165,170	176,732	189,103	
B. Annual				
Operation Cost				rs
1. Annual	82,585	82,585 x 1.07 =	88,336 x 1.07 =	/ea
Maintenance cost		88,336	94,552	her \
2. Annual salary	140,000	140,000 x 1.07 =	149,800 x 1.07 =	ie ot
and allowance		149,800	160,286	r t
expenses				ę ę
3. Annual	14,400	14,400 x 1.07 =	15,408 x 1.07 =	ate
operation and		15,408	16,487	ln)
management cost				Ca
of WSUC				po
Total of B	236,985	253,574	271,325	eth
Total A+ B	402,155	430,306	460,428	L L
C. Contingency	402,155 x 0.05 =	430,306 x 0.05 =	460,428 x 0.05 =	l we
(5% to 10% of	20,108	21,515	23,021	es s
A+B)				the
D. Total Cost (A+B+C)	422,263	451,821	483,449	Using the same method calculate for the other years

Determining Water Tariff

A. Uniform Rate Method:

First year number of households= Second year number of households= Third year number of household=	886 886 x 1.02 = 904 904 x 1.02 = 922	
First year monthly tariff rate =	422,263 886 x 12	= 40
Second year monthly tariff rate =	451,821 904 x 12	 = 42
Third year monthly tariff rate =	483,449 922 x 12	= 44

B. Consumption Rate Method:

To calculate the Water Tariff rate, from consumption rate method, water demand per person per liter per day is determined. Future population should be calculated by increasing the base year population by the population growth rate and adding it to the base year population.

Base year population = 4833Second year population = $4833 \times 1.024 = 4949$ Third year population = $4949 \times 1.024 = 5068$

To simplify the calculation, the liter is divided by 1000 to get the result in cubic meter.

First year water tariff per cubic meter of water =	422,263	
riist year water tariii per easie meter or water =	4833 x 45 x 365	- 3.32
	1000	
Second year water tariff per cubic meter of water	451,821	
Second year water tariff per cubic meter of water = -	4949 x 45 x 365	- 5.50
	1000	

The following years' water tariff rates can be calculated using the same formula.